

ABC Mom Learning Center & Childcare

Early Education with a Teacher's Mind and a Mother's Heart



Art



Art satisfies the soul's need to create beauty

Bilingual Books



Dual language books honors all the languages of our homes

Puzzles



Puzzles are fun and also strengthen our spatial reasoning

Springing Into Another Month of Fun!

Although the weather has been constantly changing, it has provided so many incredible opportunities to learn about the amazing world around us. As we head into spring, I am looking forward to exploring exciting spring science themes, especially as the weather warms up. Last month we observed how the wind set things in motion and our students were so interested in seeing how things move. This month we will continue that inquiry into motion as we also explore the metamorphosis of butterflies! We will also be deepening our understanding of nutrition as we celebrate National Nutrition Month! Happy Spring!

1

SPRING FORWARD 2023

Friendly reminder to move your clocks ahead by one hour on Sunday, 3/12/2023.

2

TUITION DUE

Tuition is due by 3/20/2023. Late payments will result in a \$25 fee.

3

HOME LEARNING DUE ON FRIDAYS

Please check your weekly newsletters on Mondays for details

March 2023 Overview

Learning Themes: Executive Function Skills | Metamorphosis | Motion | Nutrition

Last month, I had the incredible opportunity to listen to Ellen Galinsky speak at the Early Childhood Science, Technology, Engineering, and Math Conference hosted by the Children's Center at Caltech. She shared the science behind the importance of building executive function skills in our children, and this month, we will be sharing information on this vital topic with our families through our weekly newsletters. At ABC Mom Learning Center & Childcare, the focus is on both adults and children learning together. I look forward to exploring this topic with our parents and learning alongside our families as we seek to grow in our parenting skills together.

Spring is the time to see the world reawaken after winter. One of our favorite ABC Mom spring traditions is to welcome baby caterpillars into our classroom and to observe their transition from tiny, barely-there caterpillars to beautiful, soaring butterflies! We will investigate "Changes in Living



Things," which is included in the "Life Sciences" foundations of the California Preschool Learning Foundations (<https://www.cde.ca.gov/sp/cd/re/documents/preschoolfoundationsvol3.pdf>). Please remember to email your student's baby pic to "hello@abc-mom.com" as they reflect on their own growth and development.

This month is also "National Nutrition Month" and as a busy full-time working mom, I fully understand the challenges of preparing healthy meals and snacks for my family. This month, I hope to collaborate with our students and families to create an "ABC Mom Recipe Book" that can provide some wonderful healthy eating tips and strategies for our working families. Wishing you all wellness during the month of March!

CELEBRATING THE 50TH ANNIVERSARY OF NATIONAL NUTRITION MONTH!

I have often had ABC Mom families approach me and ask me if I have ever thought about creating an ABC Mom recipe book. In honor of the 50th Anniversary of National Nutrition Month, as a school family, we will be creating a special recipe book for a special cause. This month, I am asking our families to share their special family recipes and busy family nutrition tips and strategies. I am also asking our families to share their favorite non-profit that addresses the problem of hunger in either our local community or world. As a school family, we will be taking a vote to see which non-profit we would like to support with the sale of these recipe books. Together, we can make a positive difference in the lives of people struggling with hunger!

