

ABC Mom Learning Center & Childcare

Early Education with a Teacher's Mind and a Mother's Heart



Jumping Into a Joyful New Year!

Happy 2026! We had a wonderful transition back to school after winter recess and we are so glad to be back together again. This month, our theme is "Building a Beautiful New Year." There is a lot going on in our world and we are holding onto the fervent hope that as we continue to practice kindness, respect, and peace, that we can build a new year that is kinder and safer for everyone. January is "Mental Wellness Month," and if you find that you are in need of help and encouragement, please reach out to us at "hello@abc-mom.com" for resources to support you and your family. You are not alone! 祝大家身體健康，萬事如意！Wishing everyone a happy and healthy new year!

1

ABC MOM FAMILY & FRIENDS MEET-UP

Sat., January 31st, 2026 @ NHMLAC. For info and to RSVP, please see [here](#).

2

TUITION IS DUE

Tuition is due on Tuesday, January 20th, 2026. Late payment will result in a \$25 fee.

3

JACKETS PLEASE

It's getting chilly, please provide an extra jacket or sweater that we can keep in your child's cubby.

Building a Beautiful New Year



Building the foundation for connection and learning

Observation



Observing the beauty of our world

Playing



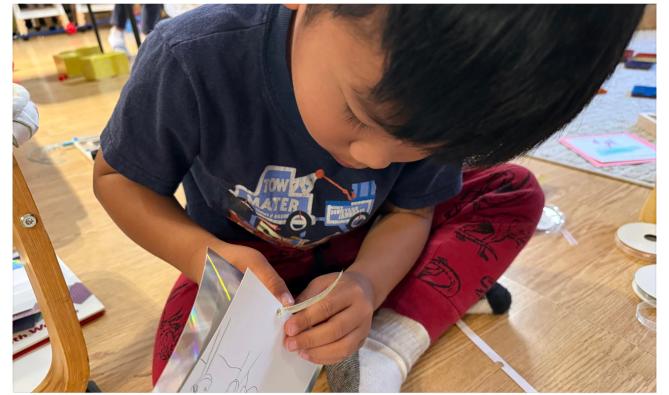
Playing and growing strong together

January 2026 Overview

Learning Themes: Building a Beautiful New Year | Dr. Martin King Luther Jr. | Together We Can!

This month we are exploring what it means to build as we work together to build a beautiful new year together. We will be working with different materials and exploring different creative concepts of building. We'll research and reflect upon the purpose of building, the design process, and observe different homes and habitats within our communities and the world. Please make sure to check your weekly newsletters on Mondays to see what we are doing for the week and the ways that you can support your children's learning at home. We are always so thankful for your partnership and look forward to co-constructing playful, safe, and joyful learning explorations and memories together in 2026.

We will be celebrating Dr. Martin Luther King Jr. Day on Monday, January 19th. Inspired by his legacy, we'll be investigating the importance of peace, service, and building communities that are safe for all the different



children and families that live within them. Dr. King said, "Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." In 2026, I'd like to respectfully and warmly invite our newsletter readers to think about how you and your family can be light and love in the spaces that you travel in. Please know that little eyes are watching us all the time to make sense of the world. What they observe significantly shapes who they are and who they will become. May the light and love that we share with our neighbors encourage and support spaces of belonging, safety, hope, joy, and love in 2026 and beyond.

PARACHUTE PLAY

The thing about parachute play is that you cannot do it alone. It takes a group of people-all hands on deck. It's helpful to strategically position people according to their strengths and once you toss those balls into the middle of the parachute- everyone is working together to keep the balls bouncing and in the middle of the parachute. There are a lot of giggles, laughter, and excited chatter as we play. Parachute play is a great way to strengthen arm strength and hand-eye coordination. It's also a helpful way for early learners to experience teamwork through a playful experience.

As adults, it can feel that we are also trying to hold onto a rapidly moving and chaotic parachute. On a daily basis, we are trying to juggle different balls and keep them from falling out of our parachutes. As our families enter into 2026, please know that as a school family, we are all together holding that parachute along with you. Let's work hard and play hard together in 2026. We are here for you! We are truly stronger and better together.

