

# ABC Mom Learning Center & Childcare

Early Education with a Teacher's Mind and a Mother's Heart



## Aerial Adventures in August

We kicked off the new school year with the theme of “Soaring Into the 2025-2026 School Year,” and we had an incredible time investigating ‘Flight.’ Therefore, we are going to continue our inquiry into this topic as we advance into explorations of aerial adventures in both the animal kingdom and the human world. We’ll celebrate our learning with a special ABC Mom Monthly Family & Friends Meet-Up at the Lyon Air Museum. In addition, I’m also excited to meet with our families for our beginning of year goal-setting conferences. Thank you again to everyone who came out to our 10th Annual Beach Day. Wishing everyone an amazing August!

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### TUITION DUE

Tuition is due Wednesday, 8/20/2025 by 5:15PM. Late payments will result in a \$25 fee.

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### GOAL SETTING CONFERENCES

Goal setting conferences will take place the last week of August. Please sign up [here](#).

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### ABC MOM FAMILY & FRIENDS MEET-UP

Please join us at the Lyon Air Museum at 10AM on Sat., Aug. 30th. For info/RSVP, please see [here](#).

### Paper Planes



Exploring flight, geometry, and physics through play

### Sand Play



Exploring cause and effect and problem-solving through sand play

### Sound Waves



Exploring sound waves and making the unseen visible via hands-on, playful, multi-sensory science explorations

## August Overview

Learning Themes: Maker  
Monday | Aerial Adventures |  
Growth Mindset & Goal Setting

In an age of convenience when practically anything can be easily purchased, this month we are celebrating the beginning of each week with “Maker Mondays.” Students will have open access to various multi-sensory materials to play with, build, and create. We will be supporting students’ strong identities as creative and capable artists and engineers who can make incredible items to play with and enjoy!

In July, our early learners put together a birding backpack which we used to explore the birds in our local community through observation, art, and writing. This month, we will continue to explore the beauty, science, and mechanics of flight in both the natural and man-made world. We’ll be taking a look at the flight of our feathered friends, insects, and bats- the only true flying mammal. Our class will also explore some of the history and heroes of flight in human history, the mechanics and science behind



human flight, and investigate some of the amazing machines that humans have created to defy gravity.

Lastly, as we share our dreams and goals for the 2025-2026 School Year, I hope we can help one other to engage in positive growth mindset practices. Understanding and embracing the truth that mistakes are a natural and important part of growth and learning for both our children and ourselves can help us to better support our children as they explore their world, build new skills, and connect with others. May we be a school family that cares for one another with amazing kindness this August and in the months ahead!

### A PARENT'S REFLECTION

July 2025 marked the tenth anniversary of ABC Mom Learning Center & Childcare. As I reflect on this past decade, I am most thankful for not only how this worked has helped me to provide for my family, but also for how it has introduced me to various concepts that have helped guide my parenting. In August, we are looking at practicing a positive growth mindset, something that was foreign to me prior to entering this field. Since then, I've learned that mistakes can trigger my fear and can lead to responses on my part that do not serve my relationship with my children or optimize their learning. I have come to realize how important it is to be mindful of intentionally nurturing and protecting the connection I have to my children. When my firstborn was a kindergartner, I wished I honored his dignity more than whether or not his letters and numbers were perfectly formed and “sitting properly on the line.” I have also learned that one of the best things I can do to be a kind parent is to take care of myself- to make sure that my own basic needs are met (nutritional, water intake, rest, etc.), so that I can be the best parent that I can be. I am not perfect, but each day as I engage in reflective practices as both a parent and early childhood practitioner, I hope to learn and grow for the better.

